













Welcome to the Under Armour Mountain Running Series presented by GORE-TEX Products

It's time to leave the work week behind and embrace the great outdoors. Stay boundless in an all-out, high-stakes affair that offers no end in sight. Ignite those killer instincts and dominate the course. Run until your legs give out. Rise to the edges of the earth and don't look back because out here, we're getting down to the grit and the grime and we will not wait for permission. We know you're up for the challenge!

Here you find important information for the days building up to and including race day that will help you as you make your final preparations to conquer the mountain.

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ACCOMMODATIONS:

Race weekend lodging accommodations are still available at Killington Resort. **CLICK HERE**.

PACKET PICK UP

Join us on Friday, August 24th, 2018 for Packet Pickup at the K1 Lodge from 2:00pm - 8:00pm.

Under Armour Horizon[™] trail runners and UA Atlas Active GORE-TEX jacket will be available for demo. Fastest male and female times on the shoe demo short course wins a \$100 gift card to Under Armour!

Address Directions: 4563 Vale Rd, Killington, VT 05751

WHAT TO BRING:

Please bring the following with you to packet pick up. You will need these items in order to check in and receive your race packet:

- ID
- Order Confirmation Email

YOUR RACE PACKET WILL INCLUDE:

- Bib
- · Timing Chip
- Under Armour Long Sleeve Tee
- Flyers From Our Partners

COURSE OVERVIEW FROM RACE DIRECTOR

There will be a course overview with Under Armour Mountain Running Series Race Director at 5:30PM. Come get a preview of your course, elevation gain/loss, and get the opportunity to ask questions to run your best race.

FRIDAY SHAKEOUT RUN:

6:30PM - 7:30PM - SHAKEOUT RUN (~1.75 MILES LONG)

Join the pre-race shakeout run to get your blood flowing, muscles loose and lungs working! The run will start behind K1 at check-in.

If you're planning on joining us for the shakeout run, we'll need you to check in with the Shakeout Run leader and sign a waiver. Please make sure this waiver gets signed prior to joining the shakeout run.





RACE DAY

Start/Finish and Race Festival located at the K1 lodge at Killington Resort.

PACKET PICK UP: 5:30AM - 8:20AM

RACE DAY CHECKLIST:

- Race Bib
- Timing Chip
- Photo ID
- Cash/Credit Card
- Small Bag For Gear Check
- Hydration/Nutrition
- Extra Layer/Clothes
- Sunscreen
- Bug Spray
- Flip Flops/Sandals

RACE DAY SCHEDULE:

5:30am	.Packet Pick Up Opens
7:00am	.50K Race Start
7:30am	.25K Race Starts
8:00am	.10K Race Starts
8:30am	.5K Race Starts
9:00am	Beer Redemption Beer Available
9:30am	.5K Course Cut Off
10:00am	.10K Course Cut Off
10:30am-3:00pm	.DJ Dave
1:00pm	.25K Course Cut Off Time
1:30pm	.Awards Ceremony
3:30pm	.Cooler In The Mountains Concert Kicks Off At K1 Base Area
4:00pm	.50K Course Cut Off
4:00pm	.Food & Runner Services End
4:30pm	.Runner Gear Check Closed

RACE DAY CONT.

PARKING:

K-1 LODGE: Home of the K-1 Express Gondola to Killington Peak, this base lodge offers the quickest access to Killington Peak. The Under Armour Mountain Running Series basecamp during the event will be K-1 Lodge.

Parking will be available in the K1 parking lot and will be free of charge. Please make an effort to carpool with family, friends, and other participants. See below for parking map:

SEE THE <u>KILLINGTON RESORT WEBSITE</u> FOR MORE INFORMATION ON PARKING.

ON COURSE NUTRITION:

- Powerade, water, Honey Stinger waffles, energy gels, and energy chews will available at aid stations
- GORE-TEX Experience More Aid Station #4 for all 25k and #7 for 50k runners will have elevated snacks, candy, bars, chips and fun treats!

GEAR CHECK:

Gear check will be located at the registration tent and is available for all participants at no cost. Gear check will only be available to participants. Staff will mark your bags at the tent and will store them for you until after the race. Once you've completed your race, you will need to bring you race bib to the gear check tent in order to pick up your bag. You will NOT be able to pick up bags for any other participant, regardless of whether or not you have their race bib. No exceptions.

RACE MERCHANDISE:

Fleet Feet will be set up in the festival area selling custom Under Armour Mountain Runner Series screen printed tees, UA Horizon™ footwear, and other runner accessories.

Cash and credit cards will be accepted.





RACE DAY CONT.

FOOD AND BEVERAGE OFFERINGS:

K1 Deck Under Armour food service and bar hours: 9am-4pm

Coffee and Pastries: 6am

Hot Breakfast: 7am-11am

- Bagel
- · Egg Sandwich
- · Breakfast Burrito

10 Barrel Bar (free beer redemption): 9am - 10pm

All participants (21+) will receive a complimentary beer, courtesy
of 10 Barrel Brewing Co. Your race bib will have a tear off at the
bottom that you can use to redeem your complimentary beer.
Must be 21+ and have valid ID present.

BBQ on K1 Deck: 11am-4pm

- · Cheese Burgers
- Hot Dog
- Black Bean Burger
- Tacos (Tequila Lime Shrimp or Pulled Chicken)
- Rice and Bean Bowl topped with Shrimp, Pulled Chicken, or Grilled Veggies
- Mason Jar Salads
- Kombucha and Odwalla
- Cheese Burgers
- Hot Dog
- Black Bean Burger
- · Grilled Chicken

Cooler In The Mountain Concert BBQ & Bar:

3pm-6:30pm at Umbrella Bar

- Grilled Beef Tenderloin Sandwich with caramelized onions and boursin cheese
- Raspberry Grilled Chicken Breast Sandwich
- Grilled Salmon Steak Sandwich- with caramelized onions, grilled pineapple and avocado spread.

*All sandwiches are served with chips and may be made into salads.

GORE-TEX NEGATIVE SPLIT CHALLENGE:

For any athletes who negative split their race distance, GORE-TEX will reward you with a complimentary GORE-TEX High Visibility Arm Light. Negative Split times will be clearly marked on your finisher's ticket, which you can bring to GORE-TEX booth for redemption.

NOTE: Negative Split prize redemption available on race day only. Prizes will not be mailed out to athletes after 4pm on race day.

SPECTATOR VIEW POINTS

The Killington stop of the Under Armour Mountain Running Series will have several opportunities for spectators to see and support their friends and loved ones around the course.

Start/Finish:

All courses start from the UA Basecamp at K1 lodge.

- Location: 4563 Vale Rd, Killington, VT 05751
- Available Services: Restrooms, entertainment, food & beverage, adventure center, and bike shop

1st Spectator Viewing Point (All courses):

Killington Snowshed Lodge

- Location: 3861 Killington Road, Killington, VT 05751
- Available Services: Restrooms, lift tickets, rental equipment, retail shop, food & beverage

2nd Spectator Viewing Point (All courses):

Killington Grand Hotel

- Location: 228 E Mountain Rd, Killington, VT 05751
- Available Services: Restrooms, food & beverage

3rd Spectator Viewing Point (50K ONLY):

Killington Skyeship Base Lodge

- Location: 7428 Route 4, Killington, VT 05751
- Available Services: Portable Restrooms only

4th Spectator Viewing Point (50K/25K ONLY):

Killington Bear Mountain Lodge

- Location: Killington Bear Mountain Lodge, Killington, VT 05751
- Available Services: Portable restrooms only

5th Spectator Viewing Point (50K/25K/10K):

Top of the K-1 Express Gondola

- This spectator requires a Gondola lift ticket which can be purchased at K1 Lodge Ticketing Services
- Location: 4529 Vale Rd, Killington, VT 05751
- Available Services: Restrooms, food & beverage, and stunning mountain views at the Killington Peak Lodge
- 10K spectators you will have to hike about ¼ mile to see athlete course

6th Spectator Viewing Point (50K ONLY):

Pico Mountain

- Location: 73 Alpine Drive, Mendon, VT 05701
- Available Services: Portable restrooms only



POST RACE

RUNNER AMENITIES:

Race Festival Village will have runner recovery services, snacks, full service food & beverage, live music, and runner activations from Under Armour, GORE-TEX, 10Barrel Beer, and Powerade. See partner information below for more details.

COOLER IN THE MOUNTAINS CONCERT SERIES FEATURING MAX CREEK:

Saturday afternoon all summer long Killington Resort and Long Trail Brewing present Cooler In The Mountains, a FREE outdoor concert for friends and family in the K-1 Base Area. On Saturday, August 25th Max Creek will headline after the Under Armour Mountain Running Series.

SNOWSHED ADVENTURE CENTER:

From big thrills to easy fun, the Snowshed Adventure Center has something for everyone. the Adventure Center is open to all and tickets are only required for riders. Some attractions are open to everyone, including a kids playground for our youngest adventurers and a bocce ball court for adults. The Snowshed Food Court is open daily for delicious, fresh and local lunch options while the Snowshed Umbrella Bar serves up cold beer and specialty cocktails pond-side at the base of Snowshed.

KILLINGTON BIKE PARK:

The Killington Bike Park is New England's fastest growing downhill mountain bike park and features three high-speed lifts serving over 30 miles of trails. From beginner to expert and classic New England to Gravity Logic's signature flow trails, Killington Bike Park has terrain suitable for everyone.

CHILD CARE:

Whether you're looking for a few kid-free hours to explore all that Killington has to offer, or you need long term, daily child care for your little ones, Killington Child Care Center is here for you. Call 802-422-6222 for more information.

AWARDS/PRIZE PURSE:

Award Ceremony at 1:30PM will recognize the male and female 1st, 2nd, and 3rd place finishers of each race distance. Those podium athletes will receive a custom UA Mountain Running YETI Rambler® Bottle.

\$5,000 Prize Purse for the men's and women's podium finishers of the 50K race are distributed according:

• Men's 1st Place: \$1500

Women's 1st Place: \$1500

Men's 2nd Place: \$750

Women's 2nd Place: \$750

Men's 3rd Place: \$250

Women's 3rd Place: \$250

MUSIC:

DJ Dave will be spinning from 10:30am-3:00pm! There is also a free Cooler in the Mountain concert following the Under Armour Mountain Running Series right around the corner from the festival. **Cooler in The Mountain** will be bringing in Max Creek starting at 3:30pm-6:30pm.





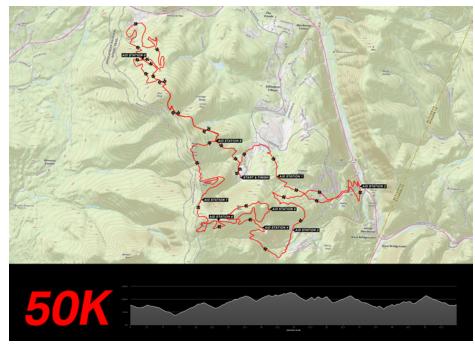
COURSE INFO

Weather Advisory: The NorthEast has been experiencing summer rain and humidity leading up to race day. Please remember to dress appropriately and be prepared for wet and muddy trail conditions.

Up to date Killington weather & conditions report can be found **HERE**.

KILLINGTON 50K

Killington 50K will take runners on some amazing single-track to flowy downhill sections to grueling ascents it truly has something for everyone. Situated partially in the Green Mountain National Forest this course allows for some of the best natural terrain in the Northeast.



KILLINGTON 25K

Killington 25K will take runners on some amazing single-track to flowy downhill sections to grueling ascents it truly has something for everyone. Situated partially in the Green Mountain National Forest this course allows for some of the best natural terrain in the Northeast.



COURSE INFO

KILLINGTON 10K

Killington 10K will take runners on some amazing single-track to flowy downhill sections to grueling ascents it truly has something for everyone. Situated partially in the Green Mountain National Forest this course allows for some of the best natural terrain in the Northeast.



KILLINGTON 5K

Killington 5K will take runners on some amazing single-track to flowy downhill sections to grueling ascents it truly has something for everyone. Situated partially in the Green Mountain National Forest this course allows for some of the best natural terrain in the Northeast.







PARTNER INFORMATION

The Under Armour Mountain Running Series is grateful to partner with amazing friends to elevate our runners' race day experience!

UNDER ARMOUR

On race day, demo the new Under Armour Horizon[™] RTT GTX and the Horizon[™] BPF Trail Runners. Winner of the short course demo is eligible to win a \$100 gift certificate. Under Armour's activation space will also provide photo sharing and runner recovery services from movement partners like HYPERICE, Marc Pro & NormaTec. #IWILL.

GORE-TEX

GORE-TEX is a presenting sponsor of the UA Mountain Running Series and proud to engineer waterproof, windproof and breathable products for runners. During race day, visit the GORE-TEX booth to experience more:

- Demo the new UA Atlas Active GORE-TEX Jacket & enter a raffle to win one
- Redeem your Negative Split finisher ticket for a complimentary GORE-TEX high visibility arm light
- Purchase any product with GORE-TEX technology at Killington retail and receive a complimentary drawstring backpack gift with purchase!

10 BARREL BREWING

It's pretty simple: Drink Beer Outside and have fun doing it! 10 Barrel Brewing will provide all participants one (1) complimentary post-race beer, must be 21+. #10Barrel

YETI

All podium finishers will receive a custom UA Mountain Running YETI Rambler® Bottle trophy. That's hardware that's #BuiltForTheWild

POWERADE

Powerade will provide all electrolyte hydration at aid stations, finish aid, and race festival village on race day.

REMINDERS

THINGS TO BRING:

- Photo Id
- · Cash/Credit Card
- Small Bag For Gear Check
- Hydration Pack
- Extra Clothes
- Sunscreen
- Bug Spray
- Flip Flops/Sandals

CONTACT US

If you have additional questions that were not answered in this document please consult our FAQs **HERE.**

If your question is still not answered, please contact support@uamountainrunning.com





THANK YOU!